

# Thai Massage Workshop

An Introduction – Series A\*

September 15,16

Upon conclusion of this workshop, you will be able to perform a basic hour long Thai massage. A Certificate of Completion and 14 Contact Hours (CE) are offered.

Focusing on yoga-like stretching and flowing movement, you will learn techniques for

warming and stretching the body with an emphasis on body mechanics. Covered will be the basic body postures of prone, supine, side-lying and seated. Adaptation for special needs will be addressed.



Cost in advance: \$240  
Cost on day of event: \$270

Reserve space by check: Dancing Feet Yoga  
2501 Oriole Trail, Ste 66  
Michigan City, IN 46360

## Location info:

Dancing Feet Yoga  
2501 Oriole Trail, Suite 66  
Michigan City, IN 46360

**Contact:** Bonnie Perz  
269-469-1966

## Dates & Times

Saturday Sept. 15: 10am – 6pm  
Sunday, Sept. 16: 10am – 6pm

[www.dancingfeetyoga.com](http://www.dancingfeetyoga.com)

Contact Paul Fowler:  
773-841-6018  
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Thai  
Massage  
Chicago

NCBTMB approved provider #450119-06

Certified by the Thai Healing Alliance (THAI)

